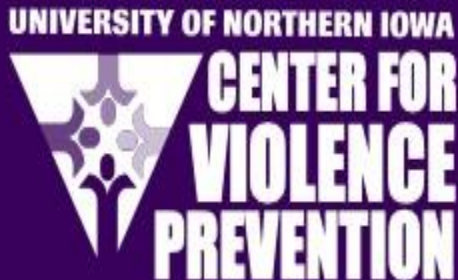


Creating a Spectrum of Prevention Model to Maximize Students' Personal and Emotional Safety

Iowa School Counselor Association Conference
Prairie Meadows Hotel & Conference Center
Altoona, IA.

November 4, 2019



Welcome!

Facilitators:

- Alan Heisterkamp, Director, Center for Violence Prevention
- Michael Fleming, Associate Professor, Family Services, Director of Research and Evaluation, Center for Violence Prevention
- Shannon Almeliem, School Counselor, Clarinda High School
- Heidi Bird, School Counselor, Clarinda Middle School



Multi-Tiered System of Prevention

Spectrum of Prevention-School Focus

Adopting and Influencing School Policy

Schools Fostering Coalitions and Networks with Parents & Broader Community

Changing and Modifying School Based Practices

School Faculty and Staff Education & Professional Practice

Strengthening Students' Knowledge, Awareness and Skills

S.T.O.P. GRANT OVERVIEW

School Violence Prevention & Mental Health Training

Objectives:

- Provide training sessions to teachers and school personnel to threats of violence and prevent violence by training adults in the Spectrum of Prevention
- Provide training sessions to school personnel and students to prevent violence against self and others
- Provide specialized training sessions for school officials as they relate to responding to youth mental health crises by training personnel in the youth mental health first aid program



Trainings and associated materials are made possible through funding by the Iowa Department of Education and the U.S. Department of Justice, Office of Justice Programs, Bureau of Justice Assistance through the STOP School Violence Prevention and Mental Health Training Program (CFDA# 16.839) authorized by the Student, Teachers and Officers Preventing (STOP) School Violence Act of 2018.

STOP Grant Overview

Funding Source

- Dept. of Justice to Iowa Dept. of Education
- School, Teachers, and Officers Preventing (STOP) School Violence Act
- 3 year grant

Partners

- Dept. of Education
- Center for Violence Prevention
- Iowa Dept. of Public Health

Training Components

- Spectrum of Prevention
- Mentors in Violence Prevention
- Youth Mental Health First Aid
- Student Mentor Summits

STOP Project: Year 2

- Applications this fall – November or December, 2019
- *Year 2 will engage 14 new schools*



Goals of MVP

MENTORS IN VIOLENCE PREVENTION



- Raise Awareness
- Challenge Thinking
- Open Dialogue
- Inspire Leadership

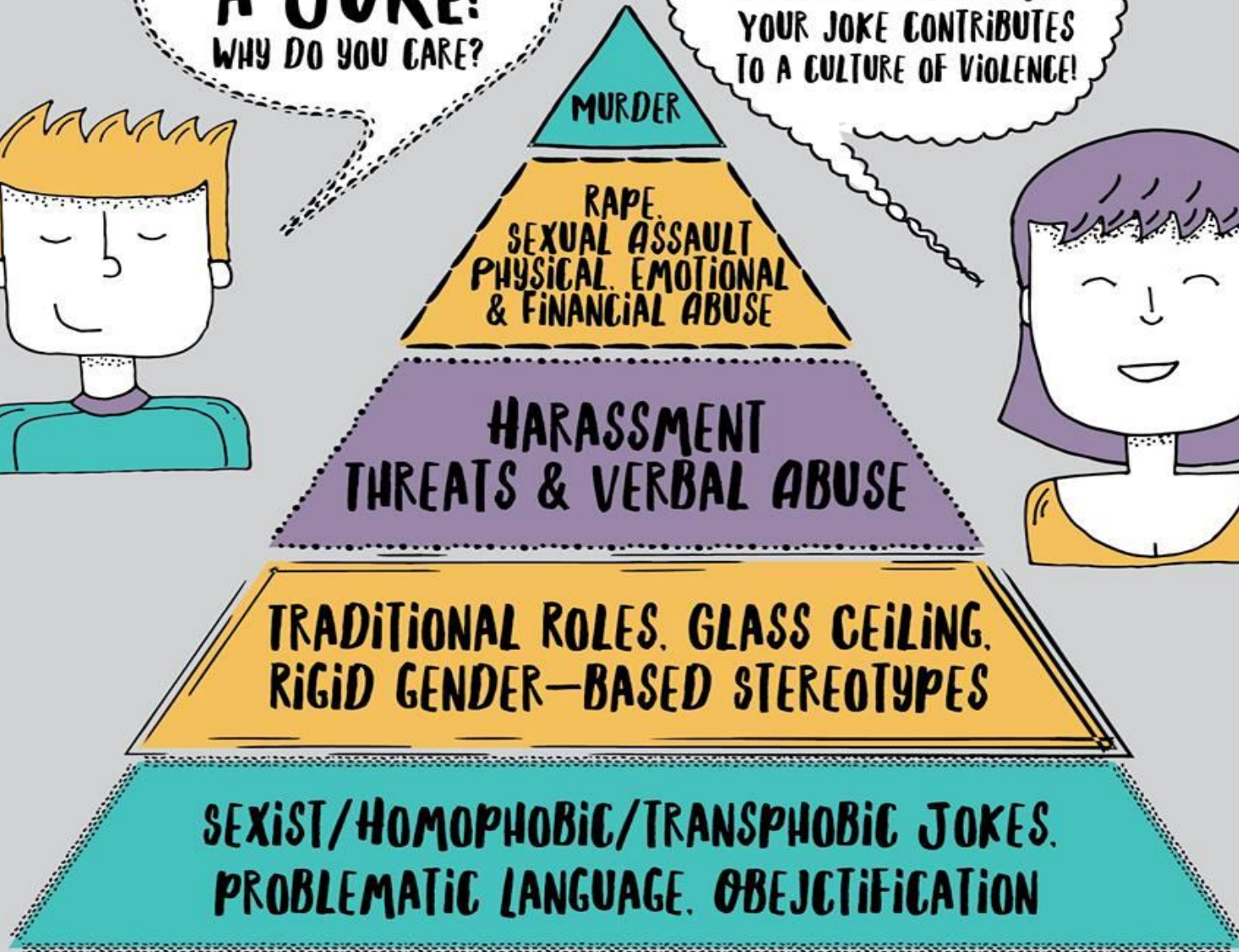
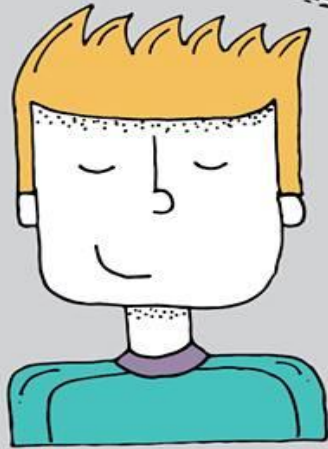
CENTER FOR VIOLENCE PREVENTION
UNIVERSITY OF NORTHERN IOWA

TYPES OF ABUSE

Verbal --- Emotional --- Technological --- Physical --- Sexual

**IT WAS JUST
A JOKE!**
WHY DO YOU CARE?

**SEXUAL VIOLENCE
EXISTS IN A PYRAMID.
YOUR JOKE CONTRIBUTES
TO A CULTURE OF VIOLENCE!**



TYPES OF ABUSE

Verbal --- Emotional --- Technological --- Physical --- Sexual



TYPES OF ABUSE

Verbal --- Emotional --- Technological --- Physical --- Sexual



TYPES OF RESPECT

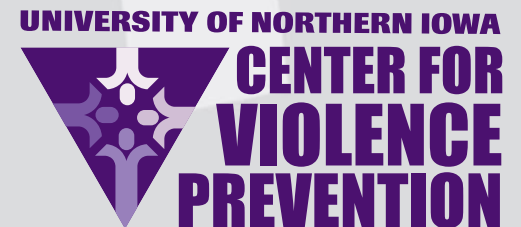
Active Bystander Behavior:

An active bystander is a: friend, classmate, teammate, co-worker, peer, family member

- Notice the event
- Interpret it as a problem
- Feel responsible for dealing with it
- Possess the necessary skills to act

2010, Berkowitz, *Response Ability*

CLARINDA COMMUNITY SCHOOL DISTRICT



MVP Strategies Implementation

- Train staff, faculty and parents on MVP model
- Identify and recruit student mentors
- Train mentors: facilitation skills, role play, focus on role/responsibility of the bystander
- Emotional and mental health supports
- Scheduling MVP sessions
- Role of classroom teacher(s)
- Feedback from mentors, 9th graders, staff

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Thank you!

