

Cheat Codes: Tips and Tricks for New School Counselors

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Slides:

<https://tinyurl.com/bassnew21>

SLIDES



Objectives

- 1. Share Top 10 resources in the following categories**
 - a. Program Management**
 - b. Equity, Advocacy, & Systemic Change**
 - c. Tech Tools**
 - d. Academic**
 - e. Social/Emotional**
 - f. College/Career**
- 2. Meet Follow Counselors & Build a Peer Network**



Greeting Frenzy

3 minutes

TIMER

Check-In

Add your answers to the Padlet

- Scan the QR code or
- Use this Tiny URL-

<https://tinyurl.com/rtb2022>



Program Management

1. [ASCA Model](#)
2. Data Tracking - Excel or Google
3. Time Tracking - ASCA Template or [ASCA Model App](#)
4. Administrative Conference
5. Advisory Council
6. Needs Assessments
7. [SCALE Research Center](#)
8. Scheduling Assistant/Referral Process - [You Can Book Me](#) or [Calendly](#)
9. Tracking/Notes System/Parent Permission
10. [Hatching Results/MTSS](#)

Equity, Advocacy, Systemic Change

1. [Learning for Justice](#)
2. [Interrupting Racism](#) by Rebecca Atkins & Alicia Oglesby
3. [Zinn Education Project](#)
4. [Undone Educational Consulting](#)
5. [Black Lives Matter at School](#)
6. [Stamped: Racism, Antiracism, & You](#) by Ibram X. Kendi & Jason Reynolds
7. [Iowa Safe Schools](#) - GSA Support, Classes, Resources, Conference
8. [GLSEN](#) - [Safe Space Kit](#)
9. [ASCA Ethics](#) & [Position Statements](#)
- 10.

Tech Tools

1. [Google Forms](#) or [Office Forms](#)
2. [Kahoot](#) - Fun quiz game
3. [Gimkit](#) - Reimagined Kahoot!
4. [Padlet](#)/[Jam Boards](#)- Collaboration/sharing tools
5. [S'more](#) - create newsletters
6. [Canva](#) - create fliers, social media posts, newsletters
7. [Flipgrid](#) - students create videos to share
8. [Pear Deck](#)/[Slides Go](#) - Resources for Presentations
9. [QR Code Generator](#) - Free
10. ISCA Listserv - for ISCA Members

Academic

1. [PBIS World](#)
2. [Executive Functioning Workbook](#)
3. MTSS - [The School Counselor's Guide to Multi-tiered Systems of Support AND Making MTSS Work](#)
4. [Understood.org](#)
5. [The Learner Lab](#) - Growth Mindset Resources



**Social/Emotional
Exercise**

Social/Emotional

1. Short-term counseling strategies
2. Differentiate your work from mental health counselor or therapist
- [Resource](#)
3. [Conditions for Learning Survey](#) - [Survey Questions](#)
4. [Close Gap](#)
5. [Sanford Harmony](#)
6. [Iowa Social Emotional Learning Competencies](#)
7. [Headspace](#)
8. [Attendance Works](#)
9. [The Zones of Regulation](#)
10. [CASEL](#)

College/Career

1. [Iowa's College and Career Readiness Definition & ICAP](#)
2. [8 Essential Components of College and Career Readiness Counseling](#)
 - a. [College Board](#)
 - b. [Elementary](#)
 - c. [Middle School](#)
 - d. [High School](#)
3. [Course to College - College and Career Readiness Academy](#)
4. [Intermediary Network](#) - Candid Careers
5. [EverFi](#)
6. [Career One Stop](#)
7. [Occupational Outlook Handbook](#)
8. [Future Ready Iowa](#)
9. State Partners - [ICAN](#), [Iowa Student Lending](#), [Iowa ACAC](#)
10. [Rep Visits](#)

Favorite Resources

Share your favorite
resources on our
Jamboard

<https://tinyurl.com/iscajb21>

Scan the QR Code



Tips and Tricks - Last Words



Start Small

Choose 1 or 2 small things you want to implement



Data-Driven

Know your data and share it!



Leadership & Advocacy

Find strategies that work for you and your strengths



Embrace new experiences

Step out of your comfort zone.



Allies/Partners

Find who knows how to get the information you don't have and will advocate for you



Ask for Help

Create a network of counselors who can support you



Closing Activity - From “Suit Yourself” CASEL Lesson

Hearts

Something from the Heart.

How do you feel?

What did it mean to you?

Spades

Used to dig in the garden.

Generate conversation about planting new ideas or things participants dug up during the session.

Clubs

Things that grew -

New Ideas

New Thoughts

New Points of View

What did it mean to you?

Diamonds

Gems last forever.

What are some of the gems of wisdom gathered from people or content?

Questions or Comments

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MTMDSS

<https://vimeo.com/304246315>

PBIS.org

PBISWorld.com

Individual Counseling

Scheduling

Tracking

Parent Permission

School Counselors vs. Mental Health Counselors